

A GIFT FROM QALA AND THE ARCHANGELS

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‘How Easy It Is to Fulfil Your Heart and Be Happy’

A Visitation from the Archangels to Gift You Divine Assistance

As you sit and receive and begin to read these words, an energy portal begins to open in the space you are in. Golden light begins to pour in as Archangel Michael and Archangel Uriel begin to focus on your space to energise and activate the divine energy within the space that surrounds you.

In this room or area you presently are in, there is a potential for a higher vibration to activate and open in the field around you. Sit in your heart now and simply ask for the highest energy to be activated in your field and call for the divine blessings and grace of the Archangels and your Divine Presence to bless the home, office, land or place you are in now, beloved.

As you do this, a portal will begin to open slowly, and the field of life around you will concentrate and activate to a higher frequency. This will begin to support you to expand your energy.

You are asked to simply acknowledge that you are a light being, and that your soul is made of pure light and that you are already all you need to be. If you hold this truth in your mind, you can access all you need in life to be happy.

Archangel Michael steps forward to you in the realms of spirit and focuses on your heart, inviting you to recognise that happiness is simply the fulfilment of the heart and this fulfilment is created by the light of your spirit that surrounds your body, grounding into your heart chakra and merging with your essence. He explains that your essence is the light you carry as a soul. It is held in your body presently. Your spirit is the infinite light that empowers your soul, held in the heavenly field.

He asks you to invite your holy spirit to merge with you, as you simply become aware of the crystal core of light inside your spine and brain, and begin to meditate for a few moments on this crystal core, glowing through your spine and brain and emanating out into the field, your essence and soul's light. This may be new to you, he says, but inside your body is a core of pure light. It runs through your spine and brain and you have the power with your mind to illuminate it, by simply visualising it as glowing inside your body. You will raise your vibration as this occurs, as the light of your soul expands in every direction from the core of your body, out through your energy field, beloved.

This opens your energy to begin to expand. He invites you to know you are deeply loved, but that without expanding the light inside your body, your heart chakra does not fully open to receive the light of your spirit.

He shares that your heart will only be partially filled with the divine energy of your spirit and you will feel unfulfilled or not happy. Your mind will not have the light it needs when you look around at your life, and you will see the problems, rather than receive lighter thoughts, of solutions, creative inspirations or loving visions from your spirit, your greater light.

Breathe into your power as a creator of your reality and accept you can create your happiness here as an energetic experience, and that your happiness has no relationship to what you are doing in life, what you own or possess in the material world, or any relationship to what you believe, or others may believe, about you. Happiness can be created in all situations or circumstances as it is manifested through your heart, being filled with love. Your everyday life can be filled with this outlook on life, if your heart is filled with love.

This love is created inside you through the alchemical marriage of your spirit's light, entering your heart chakra and uniting with your soul's light. Your spirit is always with you and surrounds your body and lives in the energy field. Your spirit is always able to enter your heart, if your heart is ignited with your soul's essence. This comes from accepting yourself as a divine being, and recognising you are a light being and not your life circumstances.

As your spirit, greater light fills your heart, it ignites with your soul essence and this marriage creates the energy of love to flow and bloom, creating wonderful good feelings within. It is not based on your outer reality and your life situation. It is based on your connection to yourself, as a

soul, and your connection to your own light and your openness to the field of light that surrounds you. This alchemical union can occur in any situation, simply through the following four steps.

STEP ONE:

The first step is simple: Ask for Grace in your life. Ask God/Goddess, The Universal Spirit, Your Divine Presence (your holy spirit) or The Universe, for the space around you to be activated to the highest frequency, possible. Whatever name you use, the power of the effect is the same. As your space begins to raise in vibration, you can enter and connect to your heart and expand your light more powerfully.

STEP TWO:

The second step is to simply call on your Holy Spirit, or Divine Presence to activate and energise your crystal core and heart. As you ask for this grace, it is important for you to meditate upon your brain and spine's connection, as a crystalline core of light, glowing with each breath you take, expanding and illuminating out into the field of life.

STEP THREE:

The third step beloved is to open your heart by becoming aware, and centering your consciousness on the light inside of the base of your chest, and with your mind's focus and your breath, simply expanding this light flame and building its glow until it is radiating out in all directions around you. As it radiates in all directions around you, your heart chakra opens to receive the light of your spirit. Breathe the light of your infinite spirit into your heart to activate the love within you to build and fill your heart. You will begin to feel a softening of your energy as the love vibration is activated in your heart.

STEP FOUR:

The fourth step is to ground this love and light into the earth beneath you. As you receive this love, surrender to it, and let yourself let go of all you are holding onto in your mind and in your body, about yourself and your life that you feel is not resonant with you. Simply breathe out any attachment to this, and breathe in God's love or the love in the universal field. Breathe out all you have been holding onto about all of the things you need to do to be happy, and breathe in the love from the universal field, and accept that this love is all you need to be happy.

Breathe out and let go of all concepts that your happiness will come from your job, your relationship, or any other thing outside of your heart. Breathe in the truth and empowerment that your happiness is a simple thing and you can always create your heart to flow with energy and to be filled, as long as you are willing to let go of all other things, making them more important than the simplicity of your heart connection.

Breathe out all of the beliefs and concepts that you are anything more than a being of light, a pure light being, experiencing physical reality and a physical life. Breathe in all of the power the Universe or God gave to be happy in your physical reality and physical life.

Breathe out in deep breaths, all of the fears that you will not be happy with your life. Breathe in all of the love and accept the love of the Archangels, your Spirit and the Universe that surrounds you.

If You Practise This Simple 4 Step Journey for 7 Days With the Support of the Archangels, You Will Fill Your Heart With Love and All Will Begin to Change Through the Power of Your Love

Grace is available to you in every moment of every day. You may receive love in this way, every day. Archangel Michael and Archangel Uriel stand by your side now and ask you this simple question.

Do you wish to be happy everyday? If you do, we will help you every day.

Call on us and ask for the grace and move through these 4 steps and we will illuminate your heart as you do this.

If you do this for 7 days, and commit to filling your heart with the love and light of your spirit, you will move from

- a state of stress to a state of deep acceptance or peace
- or if you are in a state of deep acceptance or peace, you will move to a state of love

- or you will move from a state of love to a state of bliss beloved.

Simply be honest about the present state of your energy field dear hearts, and we will assist you in moving to a higher state of connection to yourself. You are each divine beings, and hold a source of love and light within, and it is not difficult to move your energy and awareness to activate the light within.

Do you feel stressed, peaceful (accepting of everything in life) or do you feel love beloved? Know these are the three states most people experience in the world, but we are here to share with you, if you move through these 3 states in your heart, through filling your heart with more love and then more love and then more love, you can experience a higher state of love which is bliss, beloved. Your happiness can grow and grow and grow as long as your heart is being filled with light, and you are willing to accept that you are light. You create love to flow in your heart and overflow through your heart, fulfilling your heart, if you accept you are pure light and you receive your spirit's light into your heart.

Happiness is this simple beloved, and it is a doorway to bliss. If you have been touched by the simplicity and power of this gift, you may be interested in working with Qala and receiving deeper explorations, blessings of profound assistance for your soul's growth, your mastery and the illumination of your energy. You may need a kind, loving, wise guide who carries a clarity and wisdom, and experiences bliss and love in their life to give you a helping hand on your journey. Qala is a highly skilled teacher who specialises in connecting people to their gifts, higher consciousness, power, and Divine Presence, who in her own personal life, experiences bliss, love and peace through the development of her heart, beloveds.

With all our love and blessings, The Archangels of Grace

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