



*Transform
Empower
Inspire*

WHERE

75 Bay Road, Waverton
Uniting Church Hall
Opposite the station

TIME

9.45am for
10.00am start –
finish at 3.00pm

INVEST

Early Bird Price
Paid 15 July \$120
Full Price \$150

BOOKINGS

Contact Nic 0438 265 650 or
nicole@womanofessence.com.au



About Nicole

woman of essence

Rekindle your spirit ...

Come along to this light-hearted & transformational workshop to awaken, heal and connect with your beautiful presence – the essence of your soul.

Sunday 28 July 2013 - Waverton

You will experience meditation, visualisation, sacred sound, colour therapy and art expression, in a safe, fun-loving environment.

This is an opportunity to give to yourself, and discover new tools and techniques to manage yourself better on a daily basis.

This is a gathering of like-minded femmes – a sacred circle of wisdom, laughter and presence.

Guest Presenter – Rosemary Butterworth, Teacher

Rosemary shares her practical expertise in her new book "How to move forward – leave your thoughts behind."

Visit www.aol.org.au to learn about the worldwide conscious community initiated by Rosemary and her team over the past 20 years! You will be delighted & inspired by her presence!

'It's time to intimately listen to the heart of your soul and reclaim your sovereignty.'

Nicole works with adults, business leaders and children to awaken and heal their spirit. Nicole's gifts in leadership, meditation, kinesiology, coaching, sacred music, movement and healing enables everyone to reconnect with their essence and integrate this into their every day lives.

After working at Price Waterhouse Coopers, Deloitte Consulting and The Boston Consulting Group, Nicole reinvented herself on all levels of her being. She now has her own boutique consulting and coaching business, and conducts workshops and retreats that provide practical tools to self heal and align who you are with what you love.