

OPEN DAY

23 March, 10am – 3pm

Experience the health benefits of a salt therapy.
Free sessions available (bookings essential)

Phone now: 9953 1110

www.thesaltspot.com.au

Salt therapy is a gentle, non-invasive and drug free treatment assisting the body to cleanse itself of toxins and naturally improves general health and wellbeing.

- Relief from asthma & bronchitis
- Relief from sinus & ear infections
- Eases cold & flu symptoms
- Relief from allergies & hay fever
- Improves snoring & sleep apnea
- Naturally improves health & wellbeing
- Increase in lung capacity & performance
- Improvement in stamina
- Relief from symptoms of psoriasis & eczema
- Eases symptoms of cystic fibrosis & COPD