

The New Medicine The Body-Mind Connector

Psycho-somatic therapy (psyche = mind; soma = body) theorizes that there are psychological and emotional factors involved in both the onset and healing of cancer and other diseases. One of the most recent studies on psychosomatic cancer therapy comes from Germany. Over the past 10 years, medical doctor and cancer surgeon Ryke Geerd Hamer has examined 20,000 cancer patients with all types of cancer. Dr. Hamer wondered why cancer never seems to systematically spread directly from one organ to the surrounding tissue. For example, he never found cancer of the cervix AND the uterus in the same woman. He also noticed that all his cancer patients seemed to have something in common: there had been some kind of psycho-emotional conflict prior to the onset of their disease, a conflict that had never been fully resolved.

After having examined 20,000 cancer patients with all types of cancer, Dr. Hamer has come up with some revolutionary information. X-rays taken of the brain by Dr. Hamer showed in all cases a "dark shadow" somewhere in the brain. These dark spots would be in exactly the same place in the brain for the same types of cancer. There was also a 100% correlation between the dark spot in the brain, the location of the cancer and the specific type of unresolved conflict.

On the basis of these findings, Dr. Hamer suggests that when we are in a stressful conflict that is not resolved, the emotional reflex centre in the brain (which corresponds to the experienced emotion such as anger, frustration or grief), will slowly break down. Each of these emotional centres are connected to a specific organ. When a centre breaks down, it will start sending wrong information to the organ it controls, resulting in the formation of deformed cells in the tissues: cancer cells.

Dr. Hamer started including psychotherapy as an important part of the healing process and found that when the specific conflict was resolved, the cancer immediately stopped growing at a cellular level. The dark spot in the brain started to disappear. X-rays of the brain now showed a healing edema around the damaged emotional centre as the brain tissue began to repair the afflicted point. There was once again normal communication between brain and body. A similar healing edema could also be seen around the now-inactive cancer tissue. Eventually, the cancer would become encapsulated, discharged or dealt with by the natural action of the body. Diseased tissue would disappear and normal tissue would then again appear.

Recent research in Germany, Austria, France, USA and Denmark has confirmed Dr. Hamer's findings; emotional conflicts create cancer, and solving the conflicts in question stops the cancer growth. Dr. Hamer is now cooperating with 100 French doctors who have formed an organization to work with his theory, and they are finding the same correlation between emotional conflict, brain function and cellular

changes in the corresponding organs. These doctors are using psychotherapy as a major part of the healing process, and they claim a remission rate of 97%.

Their understanding is that cancer patients seem to be people who do not know how to share their thoughts, emotions, fears and joys with other people. They call this "psycho-emotional isolation" These people tend to hide away sadness and grief behind a brave face, appear "nice" and avoid open conflict. Some are not even aware of their emotions and are, therefore, not only isolated from other people, but also from themselves. If we live our life in emotional isolation, our emotional centres will be under constant stress. If we then add a major conflict which we are not able to resolve and which we may not even be conscious of, then emotional centres of our brain are in danger of breaking down.

We all experience "emotional isolation", more or less. We live in a society where we want to interact with other people in a way we have been brought up to regard as considerate. There are limits to what we feel we can say and do. We often even censure what we allow ourselves to think and feel. Having to change these lifestyle facts does not necessarily mean that we need to go out and hit our neighbour or cry in front of our friends. It is a question of how we can change our emotional patterns without creating even greater conflicts for ourselves.

It can take time to make even small changes in our habits. The important thing is that we can start healing from the moment we have understanding of our emotional conflicts so we can start acting, even if this action is merely to start talking to somebody-- a friend, partner or professional. In this way, we break the loneliness of our isolation and the pressure is taken off the emotional centres in our brain.

Cancer patients who choose psychosomatic therapy -- whether professionally or with a good friend -- are different from most other patients. They are not "just" being treated by others, but play an active part in resolving how and why the disease occurred. The word "patient" becomes redundant, and they enter into active co-treatment of themselves.

It is not a question of trying to follow some ideal way of living based on other people's experiences. Each one of us must find our own solution -- a lifestyle that works for us. We become sick in our own way, and we must heal in our own way.

www.neue-medizin.com/hamereng.htm

Compare [Dr. R. G. Hamer on the New Medicine](#) and [Developing & Healing Cancer & Your Mind](#).

"Dr. Hamer discovered a biological law (The Iron Law of Cancer), and it takes place on three levels: the psyche, the brain and the organ (body). Right after a conflict shock, the "program" disease starts on these three parallel levels: the psyche is "shattered" (the thoughts revolve around the conflict), practically at the same time cerebral changes take place which can be displayed by a CT of the brain, and at the same time, the tumor (for example) starts growing! And all that is not a failure of Mother Nature, but a biological program that is useful and logical (on a biological level). Cancer is not a killer, but an archaic

concept which helped individuals in ancient times to survive! Even today most patients don't die of cancer but of the ignorance of modern medicine." -Hanne Bonne