

Living with Unconditional Love

4 week free workshop series
Wednesday Evenings in Surry Hills

"When we love unconditionally we allow ourselves to find love, harmony, and happiness in any situation. We embrace the infinitely loving essence of our spirit, and let ourselves more freely express and give the deepest love in our heart and soul."

I'm thrilled to be running a series of 4 free workshop on unconditional love on Wednesday nights in March and April. Each workshop will contain a mix of talk and discussion on the topic and meditation, and will run from 7.15pm -9.30pm. Topics and dates are as follows.

Unconditional Love and Relationships Wed - 5th March

"To experience unconditional love in relationship is to feel at home in the beauty, oneness, and divine perfection of our true selves."

Unconditional Love: Physical health, Body Image, and Healing Wed -12th March

"We can all love every part of our bodies, and every experience of health or 'disease', for our body is most deeply a perfect expression of love. When we release our fears, judgements, and superficial standards, every body is a creation of divine beauty."

Unconditional Love: Family Relationships & Dynamics Wed- 19th March

"If you put your mind and sincere intention into it, there is usually nothing that is much more challenging or beautifully rewarding than loving your family unconditionally."

Unconditional Love: Sex, Sexuality & Self-Esteem Wed- 2nd April

"Through learning to unconditionally love and accept all aspects of our sexuality we learn to love all of ourselves."

For more information on each workshop visit www.livinginunconditionallove.com
Each workshop is free, and you may attend any or all of the workshops.

All the workshops are in Surry Hills from 7.15pm - 9.30pm in Surry Hills
Please note there is no workshop on the 26th of March as I will be travelling then.

Address will be given on RSVP for individual workshops.
Contact Simon: simon.winglun@gmail.com - 0466 412 849

much love!
Simon

