

# CLARITY WORKSHOP

**Your journey towards increased CLARITY and knowing your LIFE PURPOSE begins with this healing workshop.**

Begin to gently explore asking *who you really are?*

- Identify self-limiting blocks
- Heal yourself
- Setting your intention

**2.30 - 3.30 Sunday, November 29, 2015**  
**(Please arrive 15 minutes prior)**

Transform Yoga, 52 Balgowlah Rd, Balgowlah

For just \$25 and the first 3 guests to sign up will receive a free 15 minute individual session!

**Enquiries:**

**Leigh White**

Holistic Coach

M: 0431 932 122

**Email Bookings Essential**

[leigh@thewhites.com.au](mailto:leigh@thewhites.com.au)



@leibee17



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