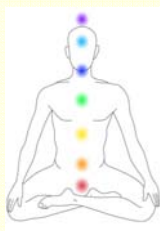


The Essence of our Chakra System



An 8 week course

starting on 12th of March 2009

With Sylvia Jacka

Cherrybrook NSW.



We are born in pure love and light but become disconnected to our true purpose in life. This totally new and comprehensive course will cover the Chakras on a Metaphysical, Psychological and Physical Level to help you become whole.

Chakras are a vortex of invisible cosmic energy and their function is to balance the physical, emotional, mental and spiritual parts of our body. For us to meet our highest potential our chakras need to be clear, vital and expanded. So how do we bring our chakras to a state of perfect health and how do we keep them there?

This course will give each person practical knowledge of how to heal and balance each chakra as well as heal the soul at a very deep level. As you build and understand the spiritual significance and how everything is linked, then the spiritual path we all walk becomes much clearer.

Sylvia Jacka is a Holistic Practitioner who has been in practice for many years and will share her many years of knowledge. Sylvia believes in treating the whole person and not just the dis-ease, by understanding the underlying causes and the effect this has in our life. She is a Aromatherapist and Holistic Practitioner based in Cherrybrook, Sydney.

Sylvia specialises in Energetic Healing, Australian Bush Flower Essences, Harmonic Chimes, Toning, Colour Therapy, Holistic Counselling, Numerology Charts, and teaching Meditation and how to transform one's life. Sylvia has for many years been involved in teaching individual's practical knowledge of how to heal and balance the Chakras on a Metaphysical, Emotional and Physical level.

VENUE: 89 Francis Greenway Drive, Cherrybrook NSW.

Cost: \$225 for 8 weeks.

TIME: Starting on the 12th of March - 7.15pm-9.00pm.

For further details on this course you may phone Sylvia privately on (02)94843169.



**For bookings phone the office on: (02) 9975 4905 or email:
info@aol.org.au or contact Sylvia direct on: Ph: 94843169.
Proudly presented by "The Southern Cross Academy of Light"**