## Imagine

## An afternoon of fun for Sensitive Children & their parents

 $\Rightarrow$  Games  $\Rightarrow$  Paint with Silk  $\Rightarrow$  Dance  $\Rightarrow$  Visualisations  $\Rightarrow$  Stories  $\Rightarrow$  Connection

Come and enjoy an afternoon of creativity, play and fun with Karin de Vos. Designed for Sensitive Kids and their parents (or grandparents).

Where:	Narrabeen - beside the lake
When:	Saturday 7 March 2009
Time:	1.30pm to 3.30pm
Age:	Children 3 to 10 years Plus 1 parent/grandparent
Cost:	\$33 (for your child and you) including materials
Bookings:	Are essential as places are limited. Click here to book & for more info

www.HurtureHouse.com.au

creative solutions for the sensitive child



Hi, I am Karin de Vos, founder of Nurture House.

10 years ago, my two sons and I were sick, stressed and unable to cope; depression, a break down, ADHD, Aspergers, learning difficulties, and life threatening peanut allergy (anaphylactic), were ruling our lives.

I began searching many different areas for a solution to our myriad of health issues and I found them ! Through understanding that we are

Sensitive, we are now living healthy, happy and harmonious lives. I am now sharing these simple drug free solutions with parents, grandparents and children.

Nurture House has been created to provide sensitive children and their parents with Strategies, Products and Support they are looking for. Our services include guidelines to

urture House

PO Box 615 Avalon Beach NSW 2107 P : 02 9973 2468 E : <u>karin@nurturehouse.com.au</u> W: <u>www.nurturehouse.com.au</u> create the right drug free environment, products that balance their bedroom, a parent phone forum, one on one support and creative play afternoons (see above).

If you have a sensitive child, come and visit our website, <u>www.nurturehouse.com.au</u> I would love you to join us.